## **Dance Party**





Dancing is a great way to keep your body healthy and your mind happy. So why not turn up the tunes and make up a dance of your own!

To get you started, we came up with some new dance moves for you. Dance like your Panda favorites! Twist like a noodle, jump like a Sichuan peppercorn and kick like Kung Pao.

**Have your own ideas for new dance moves?** Use the blank cards to create your own. Make it a game and pick a card at random and get moving!



**Chow Mein** 

**Fried Rice** 

**Kung Pao** 

Sichuan Pepper

Egg Roll

**Shrimp** 



